

Carolina Pharma® Hydrolite Oral Electrolyte Solution

Keep the leaflet for future reference.

Please read the instructions on this leaflet before administering the product.

- Always consult your healthcare provider before giving this or any supplement to an infant.
- This food supplement is for personal use only.
- Please do not share this food supplement with others, even if their symptoms are the same as yours.

SUPPLEMENT FACTS

Serving size: (one) Serving per container,

No.	Active Ingredients	Percent Amount (% Ratio)
1.	Dextrose	1.33
2.	Potassium chloride	0.15
3.	Trisodium citrate	0.285
4.	Sodium chloride	0.256
5.	Zinc gluconate	0.0130

OTHER INGREDIENTS:

Sodium Benzoate, Acesulfame K , citric acid, and Purified Water.

INDICATIONS:

Hydrolite Oral Electrolyte Solution is an oral solution of Sodium chloride, Potassium chloride, Zinc Gluconate, and Dextrose. It is intended for the prevention and treatment of dehydration due to diarrhea, including maintenance therapy, replacing electrolytes that the body loses when there is dehydration caused by gastroenteritis, diarrhea, or vomiting.

DIRECTIONS:

Use as instructed by your healthcare provider.

Use in moderate and light diarrhea to recover electrolytes and to prevent dehydration for kids and adults. For example, when a child defecates several times throughout the day due to diarrhea.

Shake well & use the included measuring cup.

Recommended daily serving:

The usual dose of Hydrolite Oral Electrolyte Solution depends on the age and how severe the dehydration is.

For children less than 1 year old, use as instructed by the doctor.

No.	Age Guide	Amount
1.	Below 4 months / less than 5kg	200–400 ml
2.	4–11 months / 5–7.9 kg	400–600 ml
3.	12–23 months / 8–10.9 kg	600–800 ml
4.	2 - 4 years / 11–15.9 kg	800–1.200 ml
5.	5 - 14 years / 16–29.9 kg	1.200–2.200 ml
6.	15 years and up / 30 kg or more	2.200–4.000 ml

HOW TO TAKE:

- If you (or your child) cannot drink the full dose needed all at once, try drinking it in small sips over a more extended period. It may help to use a straw or to chill the solution.
- If your child is sick less than 30 minutes after drinking the oral rehydration solution, give them another dose.
- If your child is sick more than 30 minutes after drinking the oral rehydration solution, you do not need to give them again until they defecate.
- Oral rehydration solution should start working quickly and dehydration usually gets better within 3–4 hours.

IMPORTANT TIPS

- You should not use oral rehydration solution to treat diarrhea for more than 2–3 days unless your doctor has told you to.
- Oral rehydration solutions are safe and do not usually have side effects.
- You can take other medicines at the same time as oral rehydration solutions.

- Avoid fizzy drinks, undiluted juices, tea, coffee, and sports drinks because their high sugar content can make you more dehydrated.
- Oral rehydration therapy is designed to normalize electrolyte levels.

WARNINGS:

- Do not use it if container is found open.
- Do not add water. The solution is ready to use.
- Do not exceed the recommended intake.
- Do not use Hydrolite Oral Electrolyte Solution after the expiry date. If any medicine is left after your treatment is complete, then please return it to your pharmacy who will dispose of it safely.
- If diarrhea continues for more than 40 hours consult your doctor.
- Use within 14 days (about 2 weeks) of first opening the bottle.
- If nausea and vomiting are present with diarrhea, small and frequent amounts of ORS should be consumed first.

ADVICE FOR USE DURING PREGNANCY AND BREASTFEEDING:

The product should only be administered if the expected benefit to the mother is thought to outweigh any risk to the fetus or neonate.

ALLERGY ADVICE:

See ingredients in the table. Do not take this supplement if you are allergic to one of its components.

NOTES:

- **Hydrolite Oral Electrolyte Solution** - Alcohol Free.
- Suitable for vegetarians.
- Free from artificial colors.
- Gluten-free.
- Free from yeasts.

SUPPLY CONTENTS:

HYDROLITE ORAL ELECTROLYTE SOLUTION Syrup is available in boxes with 250 ml of syrup in a Plastic bottle, one measuring cup and a leaflet.

STORAGE CONDITIONS:

Store in a dry place between 20° - 25°C (68° - 77°F)

Store in the original package.

Keep out of the reach and sight of children.

MANUFACTURED BY:

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